Measuring the Preconscious: Biometrics as a Measurement Tool

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Preconscious Neural Processing

- ▶ 350 milliseconds
 - ► Between the time you see something and the time you decide to react
- Another 150 milliseconds between the time you decide to react and the time you actually start moving to take action
- ► Often another 150 milliseconds or so before you become conscious that you are reacting
 - ► (Libet et al, 1983)

Biometric Measurement

- We start acting before we consciously decide to act
- Consciousness is the process of explaining to ourselves why we are doing what we already are doing
- ► Biometric Measurement is all about this 500-650 milliseconds between stimulus and conscious decisions and actions.

Why Biometrics Matter: Understanding Human Decision-Making

- ▶ 1950s: Cognitive Dissonance (Festinger, 1957)
 - ► Contrary to theory of marketplace of ideas, humans avoid information that clashes with existing beliefs
- ► 1960s-1980s: Tools developed that allowed neuroscientists to map the brain
 - Including areas of the brain used to process emotions and those used to reason

Why Biometrics Matter: Understanding Human Decision-Making

- Recent research shows most people begin processing complex dilemmas in emotional centers of the brain
 - ► A subset moves the decision-making to rational centers of the brain
 - ► Those who keep decision processes in the emotional centers of the brain tend to produce more "conservative" decisions

Why Biometrics Matter: Understanding Human Decision-Making

- Priming emotional responses affects moral decisions
 - ▶ Disgust, uncleanliness, fear/anxiety lead to more politically conservative decisions
- Subliminal Priming is highly effective
 - ► Once an emotional association is established, it is hard to overturn (Zajonc)

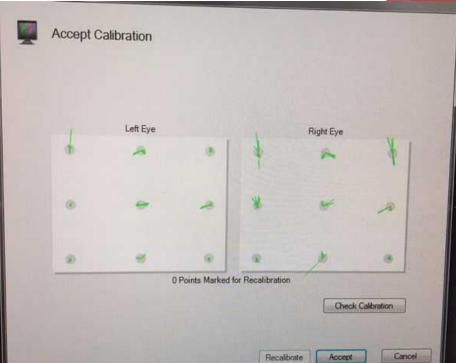
Types of Biometric Measurement: Observable Behavior Measures

- ► Implicit Response Measurement
 - Showing people something such as a product or brand and asking them to press a button that links an emotion to that item
- ► Facial Coding
 - ▶ Using cameras and software to capture and code unconscious facial micro-expressions following a stimulus

Types of Biometric Measurement: Observable Behavior Measures

- ▶ Eye Tracking
 - ► Use of cameras and software to track eye movement around content. Measures whether people are noticing things unconsciously

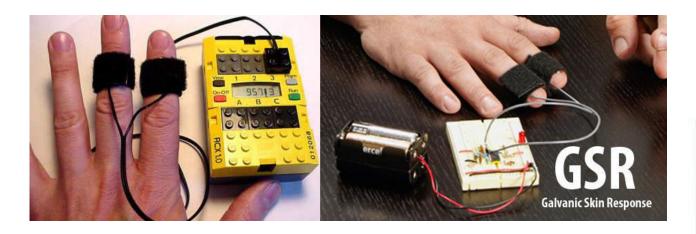


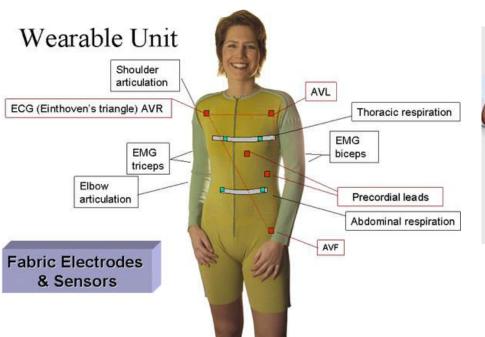




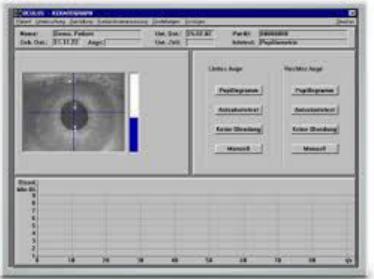
Types of Biometric Measurement: Autonomic Nervous System Measures

- Pupilometry
 - ► Measuring changes in the size of the pupil in response to emotionally charged or cognitively loaded stimuli
- ► Skin Conductance
 - ► Measures electrodermal changes or "galvanic skin response"
 - ► Effective measure of arousal, stress, and emotional engagement
- ► Heart Rate/Respiration
 - Measures changes in the frequency and variability of the heart rate
 - Provides robust measure of variations in arousal or engagement







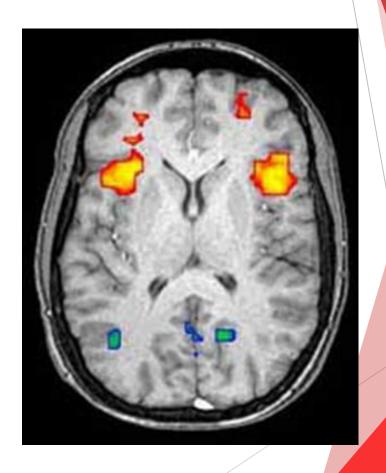


Types of Biometric Measurement: Brain Physiology

- ► Functional Magnetic Resonance Imaging (fMRI)
 - ► Identifies levels of oxygenation in different regions of the brain, linked to activity
 - Limitations: time, expense of use; limitation of activities that can be measured; lag time before brain activity rises to fMRI measurable level; lack of temporal ability to measure scene by scene response

fMRI

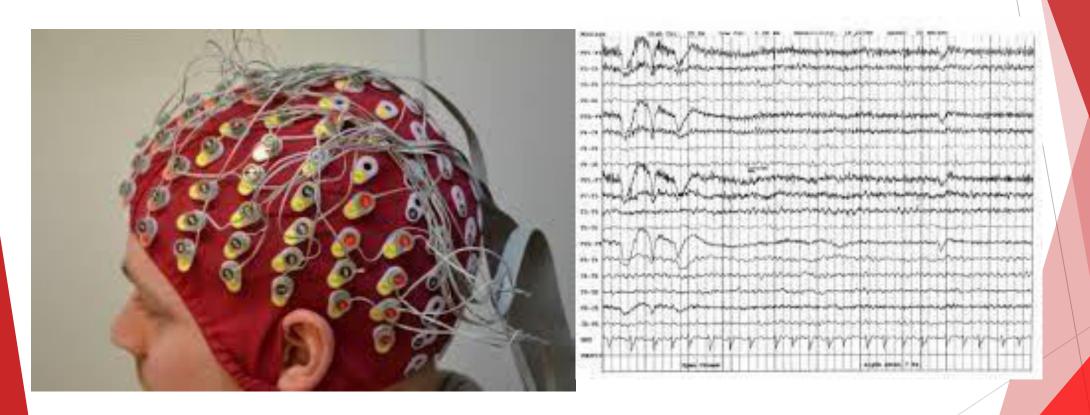




Types of Biometric Measurement: Brain Physiology

- ► Electroencephalography (EEG)
 - ► Measures brain waves flowing between cells
 - ► Samples at a rate of hundreds of times per second so permits scene-level response measurement
 - ► Task-related changes occur on a sub-second time scale
 - ► Limitations: cannot pinpoint the sources of the signals to particular brain structures
 - ► Cheaper than fMRI but must be done in lab with highly experienced staff

EEG



Summary

- ► Neural imagery of brain activity have been found to be more closely associated with:
 - ► Higher than average sales-lift
 - ► Higher numbers of call-center responses
 - ► Increased television ratings
 - ► Increased program-related Twitter activity
- Correlations with brain activity measures higher than with post-exposure subjective response ratings of content
- ► Neuroscience and biometric measurements make increased communication effectiveness and subliminal manipulation for marketing and other purpose plausible

Thank you!

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